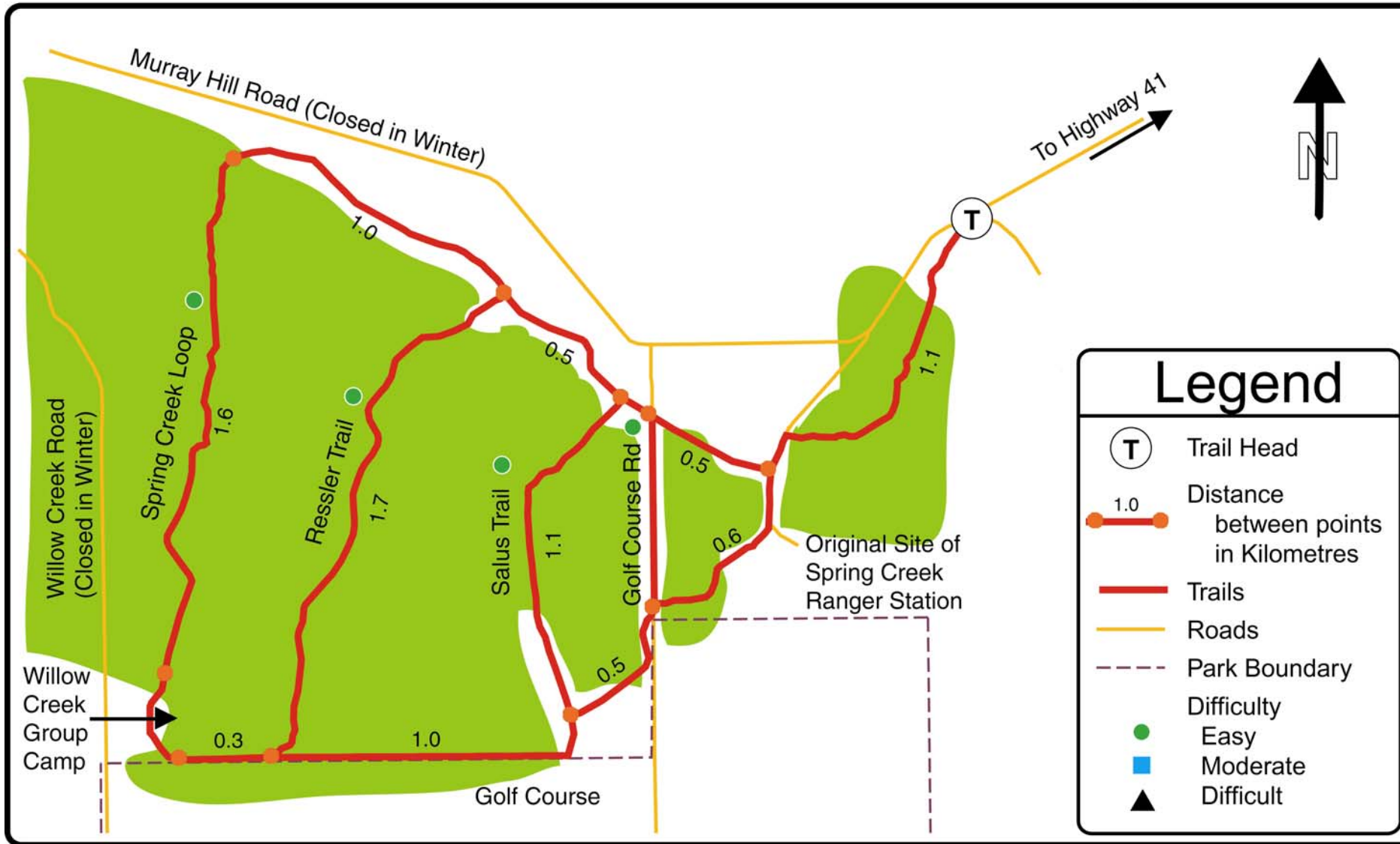


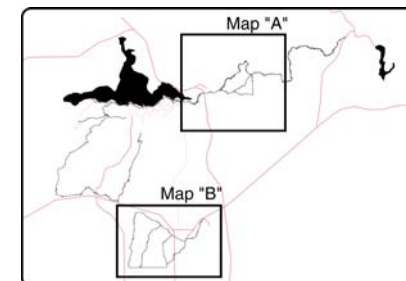
# Map "B"

# Spring Creek Cross Country Ski Trails



- Skiers are advised that the park is subject to rapid weather changes and sudden blizzard like conditions.

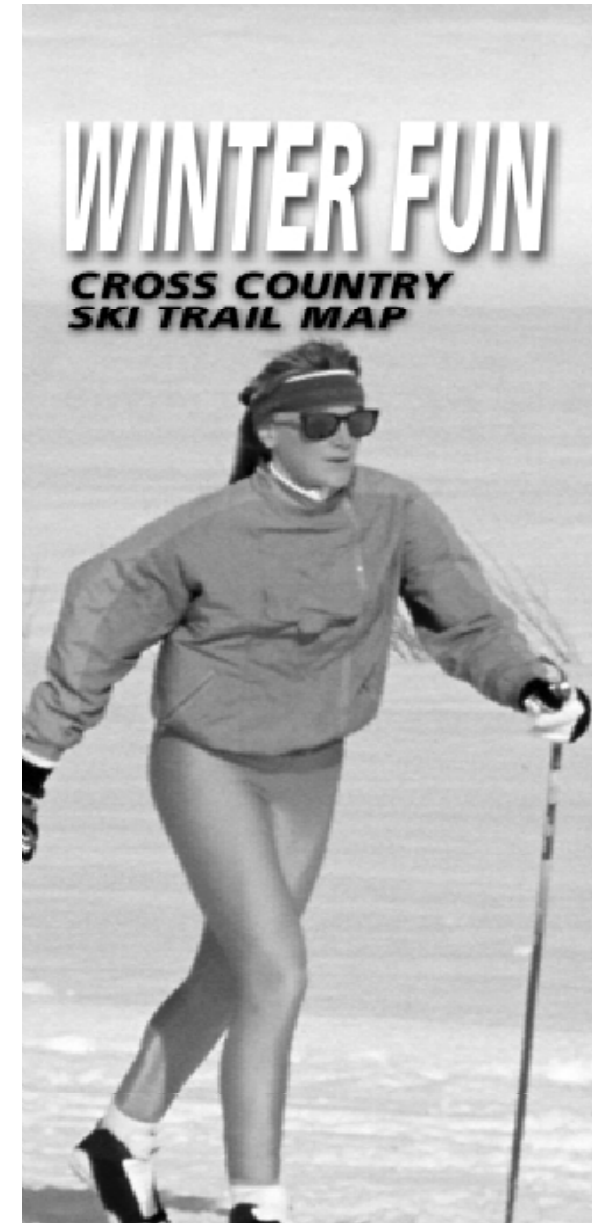
**PLEASE BE PREPARED!**



# Ski Guide

Cypress Hills Interprovincial Park

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# Map "A"

# Spruce Coulee Cross Country Ski Trails

# Ski Guide

Cypress Hills Interprovincial Park

Alberta

The following trails are groomed and track set when possible

- Spruce Coulee - first 1.6 km
- Highline Trail
- Spring Creek Loop
- Ressler Trail
- Salus Trail
- Golf Course Road

The following are groomed only

- Rodeo Loop
- Sunset Trail

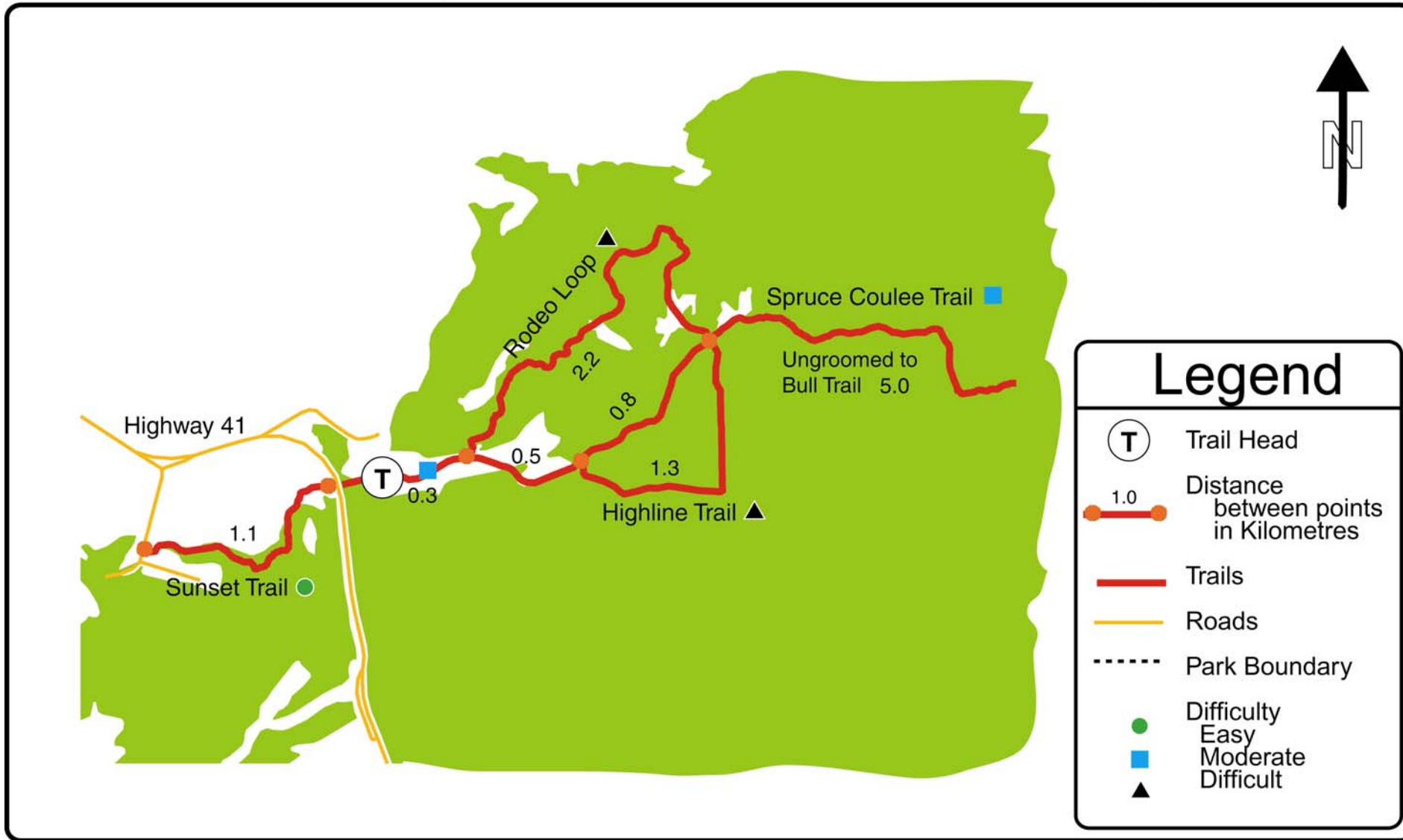
**No Dog Sleds or snowshoes allowed on groomed trails**

**CROSS COUNTRY SKI TRAIL HOTLINE  
(403) 893-3833**

**IN AN EMERGENCY CONTACT:**

Park Office:.....(403) 893-3777  
R.C.M.P.:.....(403) 584-2222  
Ambulance:.....911

November 2001



Proud host site of the 2002 Alberta Winter Games

