

# SIBBALD FLATS TRAILS

DATE: 2011-2012 Winter Season

MOUNTAIN BIKE/ HIKING TRAILS	DRY	MUDDY/ WET	SNOW	COMMENTS
Jumpingpound Summit			x	
DAY HIKES	DRY	MUDDY/ WET	SNOW	
Ole Buck Loop			x	
Jumpingpound Loop			x	
Reforestation Trail			x	
Sibbald Flat Interpretive			x	
HORSE, BIKE & HIKING TRAILS	DRY	MUDDY/ WET	SNOW	
Cox Hill Ridge			x	
Deer Ridge			x	
Eagle Hill			x	
Jumpingpound Ridge			x	
Lusk Pass			x	
Tom Snow			x	

**Comments:**

The Sibbald area is popular with winter hikers and snowshoers, however its favourable geography makes for extremely variable conditions. During Chinooks, the temperature can rise from as low as -30 to as high as +10 degrees Celsius, so always be sure to layer your clothing. Come prepared for variable weather and low temperatures, particularly in the mornings. Winds can be very strong in this area. Watch for natural hazards including thin ice at creek crossings, ice flows, sagging tree limbs and some deadfall. It is also important that you keep your dog on leash, follow current wildlife safety recommendations and we strongly recommend carrying bear spray - bears may hibernate, but cougars and wolves do not!

Caution is advised on all trails. If venturing into the backcountry, please ensure you are well prepared and consult the **backcountry avalanche report** at: [www.kananaskis-country.ca](http://www.kananaskis-country.ca)

**Visitor Centre Hours:** The Barrier Lake Visitor Information Centre is open Wednesday through Friday from 9:30 am to 4:00 pm, and Saturday through Monday from 8:30 am to 4:30 pm. The centre is closed on Tuesdays. Please note that these hours are subject to change. For additional information, please call the centre at (403) 673-3985.